

**Exciting 2014 in Shanghai Xijiao Aikido Club**

Today is the 131<sup>st</sup> birthday of Morihei Ueshiba the founder of Aikido and that inspires me to sum up our Dojo's past year's Aikido activities. In my memory it was quite a busy year and we have many exciting Aikido events to remember.

In March we celebrated our Dojo's three year anniversary with many friends from the region. We also joint Yamada Hironobu Sensei's seminar in Pudong.



In May the top of all events was our Dojo's trip to Japan with Henrik, Francois, Deverick and myself as well as our families. We visited Aiki Shrine Festival, Hombu Dojo, Funabashi Dojo and Endo Sensei's seminar in Saku Dojo, while our families enjoyed seighseeing.



In continues support of Hombu dojo, this year we hosted a two days seminar in June with Namba Hiroyuki Shiha and joint



grading exam with our friends from Hangzhou. At this occasion we had the first black belt grading of our Dojo for Francois' shodan and Henrik passed his 3<sup>rd</sup> kyu exam before he returned to Germany.



In July on behalf of our dojo I had the honor to follow the invitation of Dr. Leung for the 20 years anniversary of Malaysia Aikido Association and handed over a dragon as gift from our dojo to Lau sensei.

In August we hosted the fourth Summer Seminar with Dominique Rascle in Shanghai after visiting his seminars in Beijing and Wuhan.



In September we joint Endo Sensei's seminar in Shanghai and we moved to our new Dojo with the beautiful roof garden.



In October we hosted Thorsten Schoo from German Seishinkai as guest instructor at our Shanghai Open Keiko.



In December HansPaeter Tschol and his wife SandraMaria from Switzerland gave a first weekend seminar with particular focus on healthy Aikido practice.

Our regular Shanghai Open Keiko every month brought many Aikido friends together from the region but also from abroad. And we are very happy about the frequent exchange with our friends from Hangzhou and Ningbo.



In addition to the above activities I visited our friends at their dojos and joined seminars, e.g. in Beijing, Ho Chi Minh City, Kuala Lumpur, Tokyo Yokogawa, Hamburg, Bremen, Koeln, Bordeaux, Helsinki and Dubai.

Thank you all very much who joint and supported our events and we wish you a merry Christmas and a happy start into the new year and hope to meet you again in 2015.