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### Seminar with Dominique Rasclé Sensei

Last Wednesday we had another highlight in our Keiko schedule when Dominique Rasclé 5. Dan from Lyon, France gave a seminar in our Xijiao Dojo.



It all began about 6 weeks ago when I learned from my friend Xing Yue that Dominique will give a weekend seminar in his Beijing Dojo. After hearing that news registering for that seminar was one thing and contacting Dominique in France was the second thing. Although we never had contact before Dominique replied to my mail right away and immediately agreed to visit our Dojo.

Then I met him for the seminar in Beijing and enjoyed very much his powerful and effective style and I looked forward to our seminar in Shanghai. After his journey in China from Beijing to Wuhan he came to Shanghai, basically for taking his flight back home. But nevertheless he visited us and shared some of his profound Aikido knowledge with us in a two hour seminar.

Because our regular Dojo is too small to accommodate the 12 Aikidoka registered for the seminar, we had to rent a bigger room and bought additional mats to have enough space. We were all very excited when finally the seminar started and we learned some of his Aikido style with major influence from Tissier Sensei and of Endo Sensei.



In the end we found that for the most of us two hours was by far not enough to adjust to such different style. And Dominique Sensei spontaneously agreed to plan a whole weekend seminar in Shanghai for his next year trip to China.



After the Seminar we firstly went – as usual - to our “Second Dojo” one floor below, i.e. the Pizza Restaurant for a cool beer and some delicious pizzas which we shared with Dominique Sensei, as well as the French red wine he brought along.

We also appreciate very much the exchange through visitors from other Dojos like Nokura Sensei's Shanghai International Aikido Club and Chen DeMing's Aikikai Shanghai Club. We like to further promote such exchange and look forward to the seminar with Dominique next summer in Shanghai.