



26.7.2011/Mi

### Seminar with Kinya Lee Sensei

This Monday evening our Keiko turned to a special event: Kinya Lee (Lee Tsung Han) the former Aikido Teacher of our club member Terrence Chang gave a seminar in our Dojo.

Kinya Lee is 4th Dan and Aikido Instructor from Soochow University Aikido Club and National Chengchi University Aikido Club in Taipei / Taiwan. He practices Aikido for 21 years and also before did other martial arts like Judo, Taek Won Do, and Tai Ji Quan. He now lives in Hamburg / Germany and is on vacation with his wife Anita Chen touring through China.



We are very pleased and honored that Lee Sensei took the time and visit our Dojo for holding a seminar. Within the two hours seminar he focused on katate dori with variations on entering in different directions applying techniques like kokyo nage, irimi nage, kokyo ho and sankyo. Lee Sensei arranged the practice in such a way that we were given plenty of time to exercise first with one partner to optimize our movements and then change to another partner to adjust and find the new optimum. As we were four blackbelts and two beginners it was a very intensive exchange as well as challenging adjustment. In such a small group we had plenty of chances to practice with everyone.

After two hours practice all of us were soaked in sweat although we enjoyed air-conditioning during the keiko. As usual after our Keiko went downstairs to the small restaurant for a refreshing beer. Then later we moved to a typical German restaurant for a late dinner and had a relaxing chat with Lee sensei and his wife.



We also like to thank our friends from other Dojos, Xing Yue from Beijing as well as Shawn and Zhen Yao from SIAC for joining the seminar and therewith supporting the development of our young and small club.

We like to thank Lee Sensei for his visit and hope that we will enjoy more such events in the future.